



# Linley House School

## Breaks And Lunch Menu

Milk can be provided at break time at a small cost or children may have water. A small snack in a convenient container can also be brought in. This should be something your child will eat to help him/her maintain energy and concentration until lunch, but it may not be chocolate, sweets or crisps. We would suggest perhaps something like fruit, yoghurt, cheese, dried fruit etc.

We have a set lunch menu (see below), but this may vary slightly from week to week. A vegetarian option is offered. No beef is used in school.

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 1</b>	Pasta in Cheese/Tomato Sauce	Salad Cold Meat Crumpets	Turkey Breasts New Potatoes Vegetables	Salmon Fish Fingers Waffles & Peas	Spaghetti Bolognaise
	Cheese & Biscuits & Apple	Crispy Cakes	Fruit Salad	Choc Ice	Jelly
<b>Week 2</b>	Shepherds Pie Vegetables	Pizza Rolls & Salad	Baked Potatoes Tuna & Sweetcorn or Cheese	Chicken Drumsticks Potato Croquettes & Carrots	Macaroni Cheese & Broccoli
	Angel Delight	Fruit Salad	Jelly	Yoghurt	Swiss Roll
<b>Week 3</b>	Chilli Con Carne & Rice	Cous Cous Salad & Tomatoes Cold Meat Garlic Bread	Chicken Dippers Chips & Spaghetti	Chicken Stirfry	Sausages & Mashed Potatoes & Green Beans
	Fruit Salad	Bananas & Custard	Jelly	Yoghurt	Crispy Cakes
<b>Week 4</b>	Pasta in Cheese/Tomato Sauce	Salad Cold Meat Bread & Butter	Baked Potatoes Tuna & Sweetcorn or Cheese	Cod Fish Cakes Chips & Broccoli	Roast Turkey Roast Potatoes & Vegetables
	Angel Delight	Jelly	Ice cream	Peach / Pear Fruit Salad	Cream Sponge

In addition bread, fruit and yoghurt are offered every day.